

Start Dates (subject to change)

Ski/Gym/Run-May 31st

Winter Camp-TBC

Seniors Swimming training - July 5th (3 x mornings)Talle Rec centre

Ironperson extra Swimming training - July 6th (3x mornings+2 afternoons)

Youth and seniors Board -June

Irons -September

Nippers Swimming - August (2x afternoons)

Nippers Board/Irons - September

Times and dates will be posted every Sunday on Team App > Talle Surf Sports Academy Snr

June

Mon		4-5pm Senior gym GA 5-6pm Senior run GA	4-5pm Junior and youth run
tue	6.00-7.30am Ski GA 6am-7am Youth Gym		
wed		4-5pm Senior gym GA 5-6pm Senior run	4-5pm Junior and Youth run
thur	6.00-7.30am Ski GA 6am-7am Youth Gym		
fri			
sat	6am-8am ski		

July

Mon	530-730am swim GA		
tue	6.00-7.30am Ski GA 6am-7am Youth Gym	4-5pm Senior gym GA 5-6pm Senior run	Junior and youth run 4-445pm, Nipper and Iron swim 515-615pm
wed	530am-730am swim	4-5pm Board	Youth Board 4-5pm
thur	6.00-7.30am Ski 6am-7am Youth Gym	4-5pm Senior gym 5-6pm Senior run	Junior and youth run 4-445pm, Nipper and Iron swim 515-615pm
fri	530-730am swim		
sat	6am-8am ski		

August

Mon	530-730am swim		4.00-5.30pm Senior Board (all mals)
tue	6.00-7.30am Ski 6am-7am Youth Gym	4-5pm Senior gym 5-6pm Senior run	Junior and youth run 4-445pm, Nipper and Iron swim 515-615pm
wed	530am-730am swim GA		4.00-530pm Senior Board (all mals)
thur	6.00-7.30am Ski 6am-7am Youth Gym	4-5pm Senior gym 5-6pm Senior run	Junior and youth run 4-445pm, Nipper and Iron swim 515-615pm
fri	530-730am swim	4-5pm Board specialist	
sat	6am-8am ski		

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September-Dec Iron Transitions, Specialist Board and ski sessions.

Mon	530-730am swim	4-5pm Junior board (andrew to finish with seniors)	4.30-6pm Senior Board (all mals)
tue	5.30-7.30am Ski 6am-7am Youth Gym	4-5pm Senior gym 5-6pm Senior run	4-445pm junior run 515pm-615pm junior swim + Ironperson
wed	530am-730am swim	4-5pm Junior board (andrew to finish with seniors)	4.30-6pm Senior Board (all mals) (Irons)
thur	5.30-7.30am Ski 6am-7am Youth Gym	4-5pm Senior gym 5-6pm Senior run	4-445pm junior run 515pm -615pm junior swim +Ironperson
fri	530-730am swim	4-5pm Board specialist	
sat	530am ski GA, 7-830am am Iron		
	7am Junior Iron AM, 830-930am Junior board		